

# **ADJUSTABLE BED GUIDE**

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### INTRODUCTION

Adjustable beds, also known as electric beds or power beds, are specially designed beds that allow users to adjust the position of the mattress and base according to their comfort preferences. Unlike traditional flat beds, adjustable beds offer various adjustable positions, providing enhanced support and customisable sleeping and resting positions.

This guide can assist you in understanding the capabilities of adjustable beds and in determining if an adjustable bed will best meet your requirements.

### What is an adjustable bed?

Adjustable beds consist of a mattress and a base that can be adjusted electronically or manually to change the position of the head, foot, or other parts of the bed. The adjustability is controlled through a remote control or buttons on the bed frame, allowing users to raise or lower specific sections of the bed as desired.

Thanks to their customisable nature, adjustable beds can help with a variety of health conditions.



### **BACK PAIN**

Most adjustable beds can be set to 'zero-gravity', a position where both the head and feet are elevated but the legs are higher than the head. This produces a feeling of weightlessness and alleviates pressure on the lower back.

### **SNORING**

Raising the upper body to an elevated position, may reduce or stop snoring as it helps to open the airways and may prevent obstructions that cause snoring.

### **LOW BLOOD PRESSURE**

Elevating the feet and legs encourages blood circulation. Having the ability to reposition and adjust your legs and back can go a long way to giving respite from pain pressure and circulation problems.

### **REFLUX**

Raising the torso and head can reduce reflux because it's harder for acid to travel up the oesophagus.

Remember to always speak to a health professional about whether an adjustable bed is likely to benefit your particular health issue.



### How Adjustable Beds Work

Motorised or manual mechanisms that allow users to change the position of the bed's various sections



Adjustable beds are equipped with a motorised or manual mechanism that allows users to change the position of the bed's various sections. Electric adjustable beds use motors and a series of hinges and joints to provide smooth and precise adjustments. The motors are typically controlled by a wireless or handheld remote control, enabling users to adjust the bed position with ease. Manual adjustable beds, on the other hand, rely on a mechanical system operated by hand to change the position of the bed.

### The Popularity of Adjustable Beds in Different Age Groups

Adjustable beds have gained popularity across various age groups for their many benefits.

### **Elderly individuals:**

Adjustable beds provide elderly individuals with a range of ergonomic positions that can alleviate common age-related issues such as back pain, joint stiffness, and poor circulation. The ability to raise the head and foot of the bed assists in getting in and out of bed, reduces pressure points, and promotes better blood flow.

### People seeking enhanced comfort:

Adjustable beds are becoming increasingly popular among individuals seeking ultimate comfort while sleeping, reading, watching TV, or working on a laptop in bed. The ability to adjust the position of the bed to their liking allows for personalised comfort and support.

### Individuals with medical conditions:

Adjustable beds are highly beneficial for individuals with medical conditions such as sleep apnea, acid reflux, snoring, and chronic pain. By adjusting the position of the bed, these individuals can find relief and improve their overall sleep quality.

### Couples:

Adjustable beds with dual-adjustability are particularly favored by couples. Each partner can independently adjust their side of the bed, accommodating their unique preferences and sleep needs without disturbing the other.

The popularity of adjustable beds continues to grow as more people recognise the advantages they offer in terms of comfort, relaxation, and overall well-being. With advancements in technology and increased availability, adjustable beds are becoming a sought-after choice for individuals of all ages.



### The Benefits of Adjustable Beds

### Improved sleep quality:

Adjustable beds contribute to improved sleep quality by allowing users to find their optimal sleeping position. The ability to adjust the head and foot positions helps alleviate pressure points and reduce strain on the body. By finding a comfortable position, individuals are more likely to experience uninterrupted sleep, leading to enhanced restfulness and overall sleep quality.

### Alleviation of sleep-related conditions:

Adjustable beds can be highly beneficial for individuals with sleep-related conditions. For example, raising the head of the bed can help alleviate symptoms of snoring, sleep apnea, and acid reflux. By elevating the upper body, the airways are opened up, reducing snoring and promoting easier breathing. Additionally, individuals with conditions such as sleep apnea may find it easier to maintain a proper sleep position with the assistance of an adjustable bed.

### **Enhanced comfort and relaxation:**

Adjustable beds provide a higher level of comfort and relaxation compared to traditional flat beds. By adjusting the position of the bed, users can find their ideal angle for reading, watching TV, or simply lounging in bed. The ability to raise the head and foot sections independently or together allows for personalised comfort, reducing muscle tension and promoting relaxation.

### Easing of physical pain and discomfort:

Adjustable beds can provide relief from physical pain and discomfort. By adjusting the bed to specific positions, pressure on sensitive areas such as the back, hips, and joints can be reduced. This can be particularly beneficial for individuals with chronic pain conditions, arthritis, or recovering from surgery. By finding a position that offers optimal support and alignment, individuals can experience reduced pain and improved comfort.

### Promoting better circulation and breathing:

Adjusting the position of an adjustable bed can help promote better circulation and breathing. By elevating the legs, blood flow is enhanced, reducing the risk of swelling and improving overall circulation. Furthermore, raising the upper body can alleviate pressure on the lungs and airways, facilitating easier breathing and potentially reducing symptoms of conditions such as asthma or chronic obstructive pulmonary disease (COPD).

### Assistive features for elderly and disabled individuals:

Adjustable beds offer valuable assistive features for elderly and disabled individuals. The ability to raise the head and foot sections of the bed can make it easier for individuals with mobility issues to get in and out of bed. Additionally, adjustable beds can provide added support and comfort for those with limited mobility, reducing the risk of bedsores and enhancing overall comfort.

In conclusion, adjustable beds provide a range of benefits that contribute to improved sleep quality, alleviation of sleep-related conditions, enhanced comfort and relaxation, easing of physical pain and discomfort, promotion of better circulation and breathing, and assistive features for elderly and disabled individuals. With their customisable positions and advanced features, adjustable beds have become a popular choice for individuals seeking optimal comfort and support during sleep and relaxation.

Did you know?
THE MODERN ADJUSTABLE
BED AS WE KNOW IT TODAY
ORIGINATED IN THE EARLY
20TH CENTURY



### Sizes and Features

Adjustable beds come in standard Australian bed sizes, non-standard sizes and can also be custom made. Sizes for split-bases can vary, but they're usually the same as standard sizes.



### **HEAD AND FOOT LIFT**

Adjustable beds have the capability to alter the head and foot sections for your comfort. Simply press the head up or foot up buttons on the hand controller to adjust to the desired height. These customised positions can assist with sleep complications and provide major health benefits.

### HI-LO / LO LO

The Hi-Lo/ Lo-Lo function allows the bed to adjust higher or lower to suit your needs, making it easier to get in or out of bed. With the Lo-Lo function, the base has the ability to go right down to the ground, this is mostly beneficial to consumers in a wheelchair as it makes transfer into bed much easier.

### **ZERO GRAVITY**

Zero gravity is a preset position provided on most that imitates astronauts when in space. Along with various other health benefits, this position takes pressure off the spine by raising the head and knees slightly higher than the heart.

### **TRENDELENBURG**

The trendelenburg feature makes it so that the bed is straight and on a 15–30 degree angle; either with the feet elevated above the head or vice versa. This position is commonly used to aid management of hypertensive (low blood pressure) patients and should only be used under medical instruction.



### **WIRELESS OR WIRED REMOTES**

A hand-held controller that is used to control the various features of an adjustable bed.

### PRESET POSITIONS

In addition to zero gravity or adjustable head and foot positions, preset positions are also a common function on adjustable beds.

Some beds allows users to store their favourite position using a programmable button option.

### **Weight Capacity**

THE MAXIMUM WEIGHT THAT
THE BED FRAME AND
MOTORIZED COMPONENTS CAN
SAFELY ACCOMMODATE

### **MASSAGE**

Can be useful for Increasing blood supply, triggering tissue stimulation, and promoting the release of endorphins, the massage function proves to be extremely beneficial and frequently used by our consumers. There is 3 levels of massage, alongside a wide range of modes to suit your requirements.

### **LED BASE LIGHTING**

Some adjustable beds are fitted with lighting beneath the base to help you move around the bed safely at night. Some remote controls are fitted with a torch.

### **BLUETOOTH & SMART FEATURES**

Newer adjustable bases are regularly coming out with more and more smart features that allow the bed to adjust as you move, connect to your phone, and charge your devices.

### **WALL-HUGGING TECHNOLOGY**

Moves the mattress back towards the bedhead as the top section of the bed is elevated. This is designed to keep you in easier reach of the bedside table.

### **SPLIT**

Some queen, king and super king bed frames contain separate bases, mattresses and controls, which lets sleeping partners choose their own positions without disturbing each other. When you place two beds together it is known as a 'split' configuration.

### Weight Capacity and Load Distribution

Understanding weight capacity and load distribution is essential when using an adjustable bed to ensure safety, durability, and optimal support.

Adjustable beds are designed to support specific weight capacities, which vary depending on the model and brand. The weight capacity refers to the maximum weight that the bed frame and motorised components can safely accommodate. Exceeding the weight limit can strain the bed's mechanisms, potentially causing damage and compromising performance.

Load distribution refers to how weight is evenly spread across the bed frame. Proper load distribution helps ensure stability and prevents excessive strain on specific areas of the bed. Uneven weight distribution can lead to premature wear and tear, reduced durability, and potential damage to the bed frame or motorised components.

To avoid overloading and potential damage, it is important to check the weight capacity of the adjustable bed and ensure that the weight of the mattress, bedding, and individuals using the bed remains within the specified limits.



### What to Consider When Purchasing an Adjustable Bed

When buying an adjustable bed, there are several important factors to consider. Here is a list of factors along with their descriptions to help you make an informed decision:



### BED SIZE AND MATTRESS COMPATIBILITY

Choosing the right bed size and ensuring mattress compatibility are crucial considerations when purchasing an adjustable bed. It's important to note that not all adjustable bed models are available in all bed sizes, so ensure that the bed size you desire is compatible with the specific adjustable bed model you are considering.

When selecting a mattress for an adjustable bed, it's recommended to choose a mattress size that matches the bed frame size. It's crucial to consider the available space in the bedroom and the specific needs of the sleeper(s) when determining the mattress size.

Adjustable beds require mattresses that can flex and bend without compromising their structural integrity. The mattress should be able to conform to the various positions and movements of the adjustable bed without causing damage or discomfort. It is important to note that mattresses constructed using a fixed edge wire around the entire mattress are not suitable for use with adustable beds.

Memory foam mattresses, latex mattresses, and airbeds are popular choices for adjustable beds due to their flexibility and adaptability to different positions. These mattress types can contour to the shape of the adjustable bed and provide adequate support throughout various adjustments. Innerspring mattresses can also be compatible with adjustable beds, but it's important to choose models specifically designed or labeled as suitable for adjustable beds. Additionally, verifying the warranty terms for both the adjustable bed and mattress is essential to ensure they are not compromised by incompatible combinations.

### **MATTRESS TYPE**

Different adjustable beds may work better with certain types of mattresses. Consider whether you prefer memory foam, innerspring, latex, or air mattresses and check if they are compatible with the adjustable bed frame.



### **ADJUSTABILITY OPTIONS**

Adjustable beds offer a range of adjustability options that cater to individual preferences and provide enhanced comfort and support.

Adjustable beds typically offer a variety of adjustable positions to accommodate different needs and preferences. The number of positions can vary depending on the model and brand, but common adjustable positions include:

### **Head elevation:**

Raising the head section of the bed allows for sitting up in bed, reading, watching TV, or working on a laptop.

### Foot elevation:

Elevating the foot section provides relief for tired legs, improves circulation, and reduces swelling.

### Zero-gravity position:

This position elevates both the head and foot sections, distributing body weight evenly and reducing pressure on the spine and joints.

### Anti-snore position:

The anti-snore position slightly raises the head to alleviate snoring by opening up the airways.



### Flat position:

The bed can be adjusted to a completely flat position, similar to a traditional bed, for sleeping or relaxation.

The range of adjustability can also vary, with some adjustable beds offering a wide range of motion, allowing users to find their desired position with precision.



### DUAL ADJUSTABILITY

Many adjustable beds offer dual-adjustability, allowing each side of the bed to be adjusted independently. This is common with split bases. This feature is particularly beneficial for couples with different sleep preferences. Each partner can customise their side of the bed according to their individual comfort needs, such as personalised head and foot elevation. Dual-adjustability ensures that both individuals can find their ideal sleeping or resting position without compromising each other's comfort.



### ADVANCED ADJUSTMENT FEATURES

Some adjustable beds come equipped with advanced adjustment features that further enhance comfort and convenience. These may include:

### Massage functions:

Built-in massage motors provide soothing vibrations or massage movements to relax muscles and promote circulation.

### **Programmable memory positions:**

Users can program and save their preferred positions, allowing for easy recall of personalised settings.

### Wall-hugging or zero-clearance design:

This feature allows the bed to move up and down without pushing the entire bed away from the wall, optimising space in the bedroom.

### **Bluetooth and Voice Control:**

Many modern adjustable beds come equipped with Bluetooth connectivity, allowing users to control various bed functions wirelessly through their smartphones, tablets, or other Bluetooth-enabled devices. Voice control has gained popularity as a convenient and hands-free way to operate adjustable beds.



### **MOTOR QUALITY**

The quality and durability of the bed's motor are crucial for smooth and reliable operation. Look for adjustable beds with high-quality motors that provide quiet and efficient movement.



### **REMOTE CONTROL**

Check the design and functionality of the bed's remote control. It should be user-friendly, intuitive to operate, and have convenient features like backlit buttons or programmable presets.



### **WEIGHT CAPACITY**

Consider the weight capacity of the adjustable bed to ensure it can safely support your weight and any additional weight from the mattress and bedding. Higher weight capacities offer more stability and durability.



### **WARRANTY AND SUPPORT**

Check the warranty provided by the manufacturer and the level of customer support available. A good warranty will give you peace of mind in case of any defects or malfunctions, and responsive customer support can be helpful if you need assistance.





### COMPATIBILITY WITH EXISTING FURNITURE

If you have existing bedroom furniture, ensure that the adjustable bed frame will fit properly within the space and coordinate well with your decor.



### PRICE AND BUDGET

Set a budget for your adjustable bed purchase and compare prices from different brands and retailers. Consider the features and quality you desire and find the best value for your money.



### SAFETY FEATURES

New features such as gravity fall and pinch detection keep your children and pets safe while the adjustable bed raises and lowers or if the power goes out.



### RETENTION BARS

How adequate are the bars that hold the mattress in place? Without good retention features, mattresses on adjustable beds can slip off the base easily.



### **REVIEWS AND RECOMMENDATIONS**

Read customer reviews and seek recommendations from trusted sources to gather insights on the performance, comfort, and durability of different adjustable beds. Real-life experiences can provide valuable information before making a final decision.

By considering these factors, you can select an adjustable bed that meets your specific requirements and preferences, ensuring a comfortable and enjoyable sleep experience.

### Factors to avoid



Avoid 'cheap offers' and deals that prioritise low price over quality.



Research the credibility of the company to avoid 'over-night' operators



Ensure that parts and accessories are readily availble for the model



Avoid private sales and 'over the top' promises or guarantees

### Do adjustable beds require maintenance?

Modern electric beds may require special maintenance. Some care instructions include recommending occasionally lubricating the moving parts. Most warranties cover the motor and parts for two, five or 10 years. During that time, the supplier will generally carry out any repairs at your house.

To keep your adjustable bed working well, keep it and the surrounding area as free from dust and moisture as you can. An adjustable bed should last in good condition from about 5 to 10 years. Even though the frames are often covered for long periods, the electrical components and parts are sometimes only covered for 2 or 5 years.





### **Child and Pet Safety**

When using an adjustable bed, it's important to prioritise child and pet safety to prevent accidents and ensure a secure sleeping environment.

It's crucial to closely supervise young children when they are near or on an adjustable bed, especially during adjustments. Children should not be left unattended around the bed, as they may inadvertently activate the adjustable features or get caught in moving parts. Teach children about the potential risks associated with adjustable beds and educate them on safe usage. Make sure they understand that the bed is not a toy and that they should not play or climb on it.

Keep electrical cords and control remotes out of reach of children. Secure them safely and ensure they are not within the child's reach to prevent accidental activation or entanglement.

Evaluate whether it is safe for your pet to share the bed based on their size and behavior. Larger pets may inadvertently cause the bed to shift or become unstable, potentially leading to accidents. Keep electrical cords neatly tucked away or cover them with cord protectors to prevent pets from chewing on them, which could lead to electric shocks or damage to the cords.

Regularly inspect the bed frame for any exposed wires, sharp edges, or other potential hazards that could harm pets. Address any issues promptly by covering or repairing them.

### How to dispose of an old adjustable bed

Adjustable beds are large, heavy items that are difficult to move on, but when yours has reached the end of its life you do have some options. You can:

- Book a local council pick-up
- Contact the supplier to enquire about their removal services
- Recycle the mattress through an organisation like Bed Collect or Soft Landing
- Sell it on an online platform like Gumtree or Facebook Marketplace
- Donate it through a needs-based donation organisation, such as GIVIT.



### **Mattresses**

Whether you'll need to buy a new mattress depends on the size, weight and type of your current mattress, and also on the model of adjustable bed you choose.

To use your existing mattress, firstly it has to be the right size and an appropriate weight for the new base.

Secondly, the mattress type must be compatible. Foam and latex mattresses that are soft, light and relatively thin will work with most adjustable beds. Innerspring mattresses and thick, firm mattresses will not work.

Some adjustable beds can only be used with special mattresses that flex in sections. These mattresses are available at both specialty retailers and regular bed stores.

### What are the financial implications?

As well as the initial purchase, there are ongoing maintenance costs. Check the availability of parts and service. The length and conditions of the warranty are important. To ensure you purchase the most suitable model for your needs, ask to hire or 'try before you buy'.

### **Funding and Grants**

There are several different Government Grants and Schemes that can be accessed. There are quite a few different options, and it can be quite tricky to determine what you may be eligible for.



National Disability Insurance Scheme <a href="https://www.ndis.gov.au/">https://www.ndis.gov.au/</a>



Department of Veterans' Affairs <a href="https://www.dva.gov.au/">https://www.dva.gov.au/</a>





Home Care Packages <a href="https://www.myagedcare.gov.au/">https://www.myagedcare.gov.au/</a>

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THIS GUIDE





"One tool that can be incredibly helpful in ensuring a good night's sleep is an adjustable bed. Adjustable beds are a type of bed that can be adjusted to different angles, allowing users to find the perfect position for your body."



### ◆ Ultimate Flex

The Avante Ultimate Flex adjustable bed is designed for those who seek basic adjustability with the look of a standard ensemble base.

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE DOUBLE QUEEN







### Valencia ▶

The Avante Valencia adjustable bed is designed for those who seek basic adjustability along with a classic, valance finish to suit any home décor. With head and foot adjustability and a wireless hand control, the Valencia provides basic adjustability support.

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE DOUBLE QUEEN















### ■ Santa Cruz

The Avante Santa Cruz is an adjustable bed base with basic features for the mobility lifestyle. It's features include two pre-set positions, head and foot adjustability, a wireless remote and a flashlight for middle of the night usage. The Santa Cruz provides convenience, comfort and adjustability at a reasonable price.

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE **DOUBLE** QUEEN











Voice control technology allows you to adjust your bed's position without having to reach for a remote or get out of bed. This can be particularly useful for people with limited mobility. This technology adds an extra layer of convenience and customisation to adjustable beds, allowing you to create the perfect sleeping environment for optimal comfort and rest.

Vito Voice Activation Kit available separately with the Vito adjustable beds.

### Vito Mini ▶

The Avante Vito Mini adjustable base is an entry level base that offers essential mobility functionality. The base is designed with basic head and foot adjustability as well as a position memory storage function allowing the user to save and return to their favourite position. The Vito Mini base also features a wireless remote with built in flashlight and one USB charging port beneath the base. It is an ideal choice for those who seek a convenient lifestyle and basic adjustability.

Available sizes: KING SINGLE QUEEN

















### ■ Vito Comfort

The Avante Vito Comfort base is a compact adjustable bed designed with various mobility and lifestyle features. Besides basic head and foot adjustability, the base has three pre-set positions. It also features both head & foot massage functions with various modes of intensity. The Vito Comfort is an ideal choice for those who seek  $\boldsymbol{\alpha}$ convenient lifestyle and basic adjustability.

Available sizes: LONG SINGLE KING SINGLE QUEEN







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### Vito Leisure ▶

The Vito Leisure base is Avante's recommended lifestyle adjustable base that's suitable for those who seek basic adjustability. The base is designed with basic head and foot adjustability as well as a position memory storage function allowing users the ability to save their favourite positions. The Vito Leisure is a budget choice for users who would like to enjoy the benefits of an entry level lifestyle adjustable base.

Available sizes: KING SINGLE QUEEN















"An inspired lifestyle is rooted in a clear sense of purpose. It involves knowing what you want to achieve in life and working towards those goals with intention and determination."



### Modern Living Kange



### SmartFlex 2

The SmartFlex 2 is the epitome of style and luxury. With its wireless hand control, enjoy the benefits of vibration massage at the head and foot, while effortlessly programming a range of pre-set positions for your ultimate relaxation. It is also equipped with thoughtful conveniences such as USB charging ports on either side of the bed as well as under-bed lighting that provides gentle guidance during night time hours.

Available sizes: HALF QUEEN LONG SINGLE KING SINGLE LONG DOUBLE QUEEN



Bluetooth Application available separately



















Available sizes: HALF QUEEN LONG SINGLE KING SINGLE DOUBLE LONG DOUBLE























Bluetooth Application available separately





### **SmartFlex Companion**

Our SmartFlex Companion bed base is designed to fit perfectly alongside a SmartFlex 2 or SmartFlex 3 adjustable base. It is designed specifically for couples who require adjustability on only one side of the bed.

Available sizes: HALF QUEEN LONG SINGLE KING SINGLE





### **ErgoAdjust Companion**

Our ErgoAdjust Companion bed base is designed to fit perfectly alongside the ErgoAdjust adjustable base range. It is thoughtfully designed for couples who require adjustability on only one side of the bed.

Available sizes: HALF QUEEN LONG SINGLE KING SINGLE



### ◀ ErgoAdjust Care

The ErgoAdjust Care is Avante's advanced adjustable bed that combines therapeutic needs with modern appearances. The bed is designed with comprehensive mobility functions including Hi-Lo lift, pre-set customisable positions as well as Trendelenburg function. The bed is also designed with the user's convenience in mind, featuring USB charging ports and under-bed lighting. The ErgoAdjust Care will fully support your modern and independent lifestyle.

Available sizes: HALF QUEEN LONG SINGLE

KING SINGLE LONG DOUBLE

















### ErgoAdjust Delux

The ErgoAdjust Delux is Avante's new advanced adjustable bed that embodies function and comfort. The bed is equipped with a full package of functionalities for mobility including Hi-Lo lift and pre-set customised positions. The ErgoAdjust Delux is also designed to maximise user experience, featuring vibration massage, head tilt, USB charging ports, under-bed lighting all Delux is the optimal choice for anyone seeking independent

Available sizes:

























### ◆ ErgoAdjust Lo Lo

The ErgoAdjust Lo Lo is a mobility focused adjustable bed that features Trendelenburg and reverse Trendelenburg positions. It sits very low to the ground in its lowest position. It also features head-tilt and the ability to programme pre-set positions. The ErgoAdjust Lo-Lo is ideal for those transitioning to/from a wheelchair.

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE LONG DOUBLE QUEEN

















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### ◀ ErgoAdjust Assist

The ErgoAdjust Assist adjustable base provides a touch of class with it's wireless hand control and thoughtful design. With features including vibration massage, head tilt, USB charging ports, under-bed lighting and pre-set positions, the ErgoAdjust Assist offers useful convenience and a comfortable night's sleep.

> Available sizes: HALF QUEEN LONG SINGLE KING SINGLE LONG DOUBLE QUEEN

















"We aim to promote greater independence and mobility for people everywhere by making innovative mobility solutions accessible and affordable to all."



### ■ EzyFlex Delux

The Ezyflex Delux adjustable bed is designed for those who seek basic adjustability with a few extra luxuries. Featuring a wireless hand control, vibration massage and USB charging ports, the Ezyflex Delux helps make life that little bit simpler. This steel constructed adjustable base is upholstered in an option of two colours.

> Available sizes: KING SINGLE LONG DOUBLE QUEEN SPLIT QUEEN SPLIT KING



















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### ◆ Lo Lo

The Avante Lo-Lo is a mobility focused adjustable bed that features Trendelenburg and reverse Trendelenburg positioning. It sits very low to the ground in its lowest position and is ideal for those transitioning to/from a wheelchair.

### Available sizes: LONG SINGLE KING SINGLE LONG DOUBLE













### **ADJUSTABLE MATTRESS**



### ◆ Hi Lo Chair Bed

The Hi-Lo Chair bed has been expertly designed to make getting into and out of bed easier. With vibration massage motors and a Cool Balance mattress, this bed is a revolutionary leap forward in intelligent design.

Available size: KING SINGLE













Avante is recognised by Occupational Therapsists across Australia for reliability, excellence

### & value

Rest assured knowing your clients are in excellent hands — Avante Australia is committed to offering superior quality mobility products and solutions.







### **Ortho Comfort**

The Ortho Comfort mattress is Avante's budget Pocket Spring mattress suitable for adjustable beds. It features a 30mm comfort layer enclosed in a knitted fabric. The mattress is available in a convenient, roll-pack in a box.

Approx total height: 210mm

### Available sizes:

SINGLE
LONG SINGLE
KING SINGLE
DOUBLE
QUEEN
KING







### Ortho Delux

The Ortho Delux mattress is Avante's quality Pocket Spring adjustable bed mattress. It's designed with a 3-zone Pocket Spring unit and a combination of 70mm premium foam and premium Natural Latex layers. It's enclosed in a quality stretch knit fabric and is available in a convenient, roll-pack in a box.

Approx total height: 230mm

### Available sizes:

SINGLE
LONG SINGLE
KING SINGLE
DOUBLE
QUEEN
KING







### ■ Splendor Support



The Splendor Support mattress is suitable for any adjustable bed. It features a 3-zone Pocket Spring unit, 30mm comfort layers and a premium Natural Latex layer with a foam box edge support. This mattress is available as a "Mattress in a Box" for easy transportation.

Approx total height: 200mm

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE LONG DOUBLE QUEEN







### ■ Splendor Supreme



The Splendor Supreme mattress is suitable for any adjustable base. It features a 5-zone Pocket Spring unit with 100mm of foam in combination with premium Natural Latex. This mattress is available as a "Mattress in a Box" for easy transportation.

Approx total height: 310mm

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE DOUBLE LONG DOUBLE OUEEN







### ■ Cool Balance Support



The Cool Balance Support mattress is designed with Cool Gel infused memory foam to help regulate your body temperature while you sleep. It helps with pressure point relief and is perfect for use with any adjustable base. There are 2 heights (8" and 10") available catering to different mobility needs. It also features a high density foam box edge support making getting in and out of bed much easier for many.

Approx total height: 310mm

### Available sizes:

HALF QUEEN LONG SINGLE KING SINGLE DOUBLE LONG DOUBLE OUEEN







QUEEN WWW.AVANTE.COM.AU

### **ADJUSTABLE MATTRESS**

### Lux Comfort Plush, Medium, Firm



The Lux Comfort Mattress is a luxurious pocket spring unit mattress designed for adjustable bases. It features premium Tencel fabric, natural latex comfort layers and a classic pocket spring system to provide excellent support and comfort for a good night sleep.

Approx total height: 210mm

Available sizes:
HALF QUEEN
LONG SINGLE
KING SINGLE
DOUBLE
LONG DOUBLE
QUEEN







### Chester >

The Avante Chester mattress is a luxurious Pocket Spring mattress designed to suit adjustable bases. It features strong, non-woven fabric and a classic Pocket Spring system which provides excellent support and comfort for a good night sleep.

Approx total height: 280mm

Available sizes: QUEEN KING







### Hampton ▶

The Avante Hampton mattress is a luxurious Pocket Spring mattress designed to suit adjustable bases. With a gel infused memory foam layer, it is enclosed in a knitted fabric and a classic Pocket Spring system to provide excellent support and comfort for a good night sleep.

Approx total height: 280mm

Available sizes: QUEEN KING







### Dream Cloud ▶

The Avante Dream Cloud Mattress is a luxurious Pocket Spring mattress designed to suit adjustable bases. It is enclosed with a knitted fabric and features a classic Pocket Spring system which provides excellent support and comfort for a good night sleep.

Approx total height: 300mm

Available sizes: QUEEN KING







### Melrose ▶

The Avante Melrose mattress is a luxurious Pocket Spring mattress designed to suit adjustable bases. It features a strong, non-woven fabric, Natural Latex and memory foam comfort layers, and a classic Pocket Spring system giving terrific support and a comfortable night's sleep.

Approx total height: 300mm

Available sizes: QUEEN KING







## NEW IN OUR RANGE

### ■ MediFlex Natural Care

The MediFlex Natural Care mattress has a copper and charcoal infused castellated surface layer which distributes weight more evenly, reducing pressure points. The 4-way stretch cover is vapour impermeable and easy to wipe clean for optimal infection control.

Approx total height: 300mm

Available sizes: QUEEN KING





FOAM

COVER